**INHERITED BY KID MAYOR AND COUNCIL** 

## By Taking the Kindness Pledge

I pledge to myself on this very day, to try to be kind in every way. To every person big or small, I will help them if they fall. When I love myself, and others too, that is the best, that I can do!

By signing, I hereby pledge to uphold the Kindness Pledge.



## THE EFFECT OF KINDNESS

Kindness is the quality of being friendly, respectful, and generous. It's a powerful ripple effect that not only touches those around you but also nourishes your own heart. By always choosing kindness, you're not just spreading confidence, inclusion, and happiness to others, but also cultivating these beautiful emotions within yourself.

NAME			